

KEYS TO SUCCESS

Collaborative Problem Solving

Being able to solve problems is key to becoming self-determined and reaching your goals.

CHECK YOUR EMOTIONS & FRAME OF MIND

Make sure you are calm and have an open mind before you problem solve.

DETERMINE IF YOU CAN SOLVE THIS PROBLEM ON YOUR OWN

Ask for help if you need information or support from others.

UNDERSTAND THE PROBLEM

Share your thoughts about the problem with others. Listen to their thoughts.

BRAINSTORM POSSIBLE SOLUTIONS

Write down all the ideas. Can you build off of some of these ideas or combine them?

COLLECT & ORGANIZE INFORMATION

Select the top 3-5 solutions. Create a list of weaknesses and strengths for each one.

EVALUATE SOLUTIONS

Consider each option. Listen for understanding and focus on why people want something.

TEST THE SOLUTION

See how the solution works for you. If it doesn't work, you may want to do something a little differently or try a completely different solution and see how that works.

