

Welcome!  
The webinar will begin shortly.

Premiering Two New Resources for Parent Centers

## *Resource Collection on Trauma-Informed Care*



## *Advocacy in Action Guide to Local SEPACs*

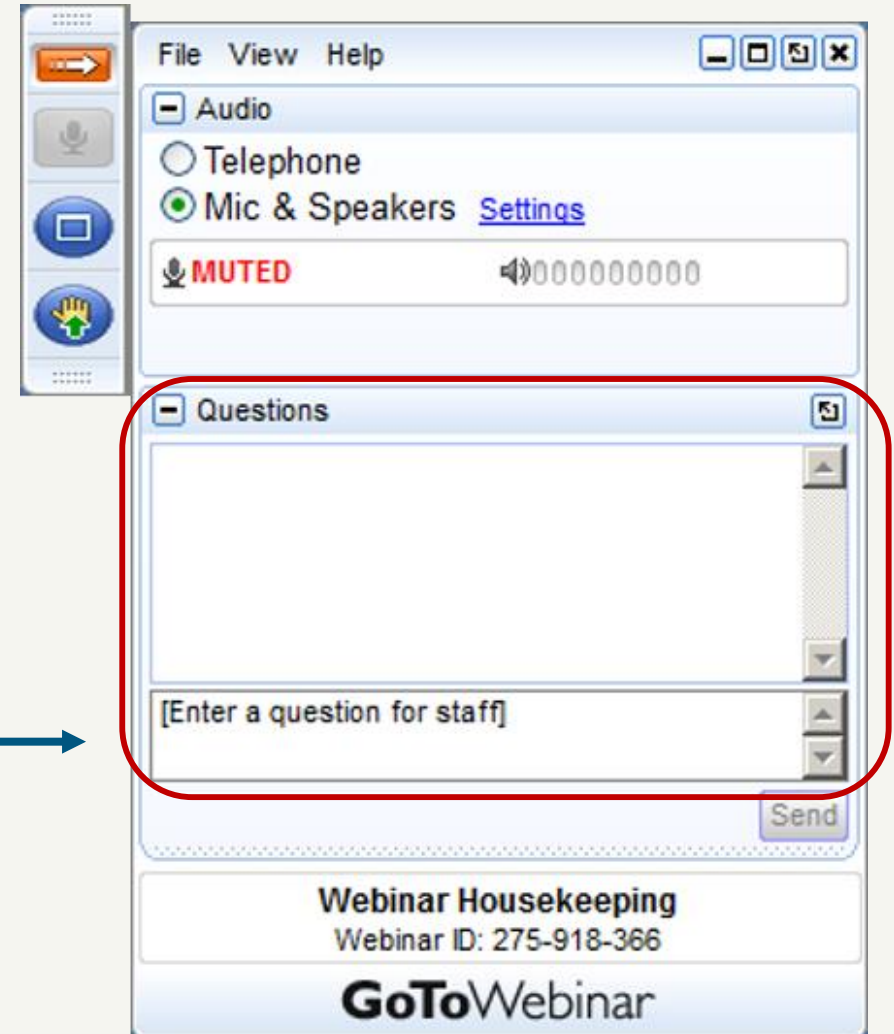


## WE'RE GLAD YOU'RE HERE!

- Open and close your control panel.
- Join audio:
  - Choose **Mic & Speakers** to use VoIP
  - Choose **Telephone** and dial in using the information provided
  - If you are joining the audio by telephone, mute your computer speakers

## WE INVITE YOUR PARTICIPATION!

- Submit questions and comments via the **Questions** panel.



***Note:** Today's presentation is being recorded and will be posted online at the Hub for others to view.*



*Please welcome today's presenters.*

## Welcome & Introductions

***Debra Jennings  
& Myriam Alizo***

Center for Parent  
Information & Resources

## Resource Collection on Trauma-Informed Care

***Kelly Henderson***

Formed Families Forward, VA

***Gaile Osborne***

FIRST Parent Center, NC

***Terri Leyton & Laura Weber***

ECAC, NC

## Advocacy in Action: Guide to Local SEPACs

***Karen Antone***

Project Consultant

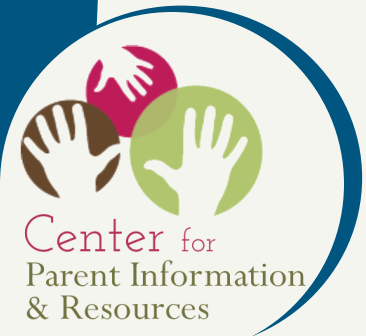


**Debra Jennings**

*Director*

Center for Parent Information & Resources

[debra.jennings@spanadvocacy.org](mailto:debra.jennings@spanadvocacy.org)



**Kelly Henderson**  
*Executive Director* Formed  
Families Forward, VA

**Gaile Osborne**  
*Project Director*  
FIRST Parent Center, NC

**Terri Leyton & Laura Weber**  
*TA Coordinator / Executive Director*  
Exceptional Children's Assistance  
Center (ECAC), NC

## Resource Collection on Trauma-Informed Care



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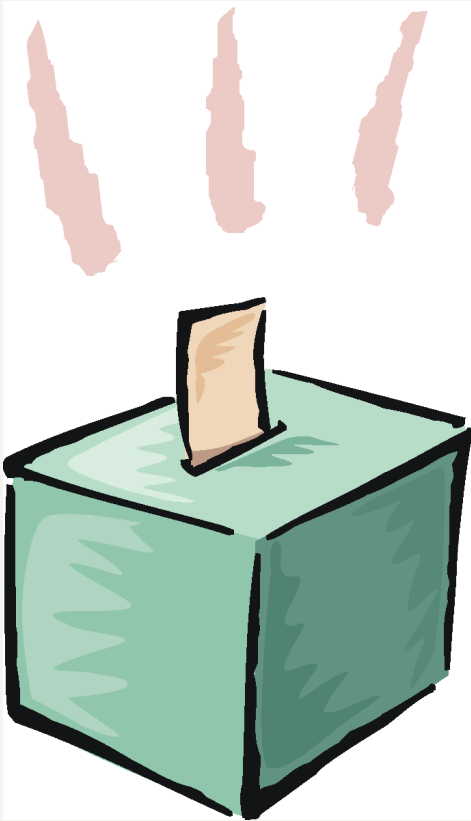
<https://www.parentcenterhub.org/trauma-informed-care-resource-collection/>

This morning I was ten years old.

Tonight I am older than the stars.



~ Kathryn Lasky



**Please do tell us...**



## At a Glance | How Collection was Developed

### **Compilers & Reviewers**

*Kelly Henderson  
Gaile Osborne*

- Identified what's available out there
- Reviewed all for suitability for Parent Centers
- Kept spreadsheet of resources that "passed" & created mini-descriptions

### **Coordinators** *RPTAC 2 @ ECAC*

*Laura Weber  
Terri Leyton*

### **Curator**

*Lisa Küpper, CPIR*

- Organized & curated the resources
- Created what you see online



## *At a Glance | The Resource Collection*

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### **Contents of the Collection**

- 1** | Basic information about trauma
- 2** | What is trauma-informed care?
- 3** | Trauma and specific populations
- 4** | Building trauma-informed schools
- 5** | Responding to disasters

### **What kind of resources?**

1-pagers—**infographics**—briefs—**videos**—fact  
sheets—**training** materials—**websites**—webinars—  
**Spanish** and other language resources—**more!**

# 1 | Basic Information about Trauma

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- Introductory Information on Trauma
- Adverse Childhood Experiences (ACEs)
- Websites of Note
- How Parents and Caregivers Can Support and Help Children
- The Value of Resiliency
- Info in Spanish and Other Languages



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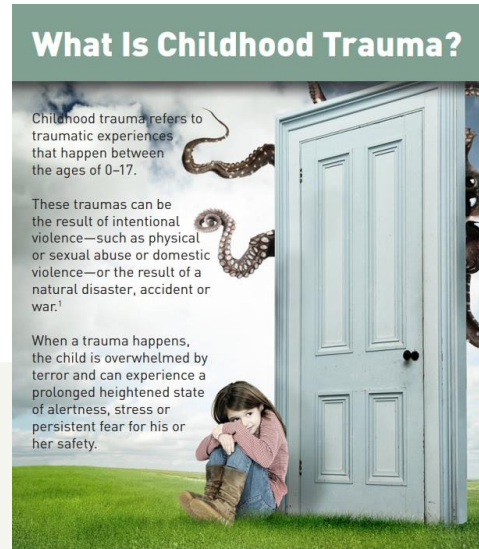
<https://www.parentcenterhub.org/trauma-basics/>

# 1 | Basic Information about Trauma



- Introductory Information on Trauma

2 EXAMPLES



**What is Childhood Trauma**  
7-page infographic booklet in PDF



## **What is Trauma? | Video**

This 4-minute video set to music (no spoken words) uses pictures and short text to show different kinds of trauma, trauma's impact, and what it means to be “trauma-informed” in how you respond to others.

<https://www.parentcenterhub.org/trauma-basics/>

# 1 | Basic Information about Trauma



- How Parents and Caregivers Can Support and Help Children

## 2 EXAMPLES

**Helping Children Cope After a Traumatic Event: A Recovery Guide for Parents, Teachers, and Community Leaders**



9-page guide from  
Child Mind Institute

**Parenting a Child Who Has Experienced Trauma**



8-page, easy-to-read  
fact sheet

<https://www.parentcenterhub.org/trauma-basics/>

- [What is Trauma-Informed Care?](#)
- [Websites to Explore](#)
- [Videos and Webinars](#)
- [On Becoming a Trauma-Informed Organization](#)



***“Trauma-informed care*** is a strengths-based service delivery approach...

...that is grounded in an understanding of and responsiveness to the impact of trauma.”

*Hopper, Bassuk, & Olivet, 2010*

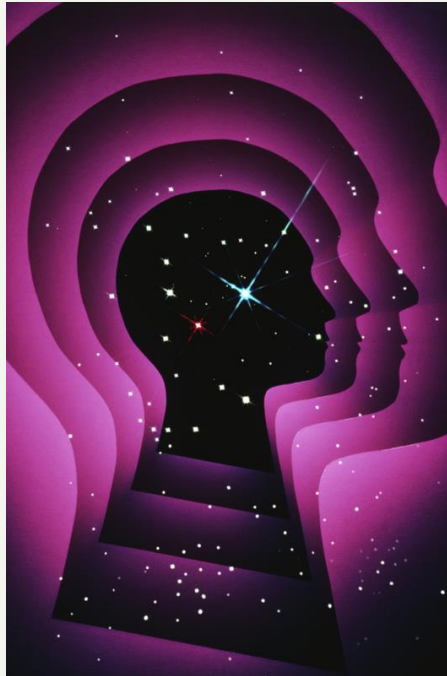


## EXAMPLE

2

## What is Trauma-Informed Care?

- On Becoming a Trauma-Informed Organization



### Walking the Walk

2-pager, tells what's needed for an organization to become trauma-informed—one key is *professional development*.

“Becoming trauma-informed usually requires a ***multi-year initiative*** involving mandated staff training, broad administrative buy-in, policy changes, and persistent reinforcement...”

*Traumatic  
Stress Institute*

<https://www.parentcenterhub.org/trauma-informed-care/>

### 3 | Trauma and Specific Populations

- Trauma and Disabilities
- Trauma and Native Americans
- Trauma and Youth
- Trauma and Youth in Juvenile Justice



2 EXAMPLES

**Trauma-Informed Practices:  
Considerations for the IEP Meeting**

**Trauma Sensitivity  
During the IEP Process**

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<https://www.parentcenterhub.org/trauma-specific-groups/>

## 4 | Building Trauma-Informed Schools

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- [What Does It Mean to Be a Trauma-Informed School?](#)
- [In the Classroom: Info for Educators](#)
- [Tools and Training for Professional Development in School Systems](#)
- [Self-Assessment and Other Resources](#)



***Share*** these resources with educators in the classroom and with school leadership!

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<https://www.parentcenterhub.org/trauma-schools/>



# 5

## Responding to Disasters

- [Preparing for a Natural Disaster](#)
- [Responding During a Natural Disaster](#)
- [Afterwards: Support and Recovery](#)

**Wildfires**  
**Hurricanes**  
**Tornados**  
**Floods**  
**Earthquakes**



<https://www.parentcenterhub.org/disaster-response/>

# 3 EXAMPLES

## 5 | Responding to Disasters

### Preparing for...



#### Make a Plan

A checklist of steps to take and supportive links to help you do so. Available in many languages.

### Responding *during*...



#### SAMHSA's Disaster App

Access critical, disaster-related resources right from your phone.

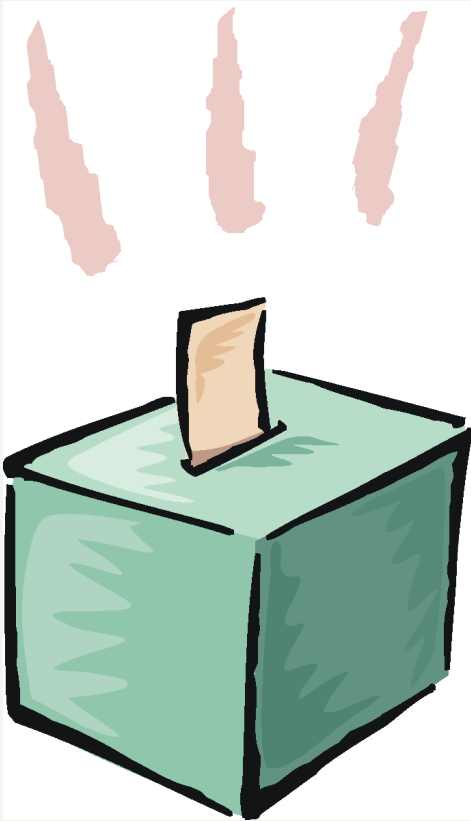
### Supporting *after*...



#### Parent Guidelines for Helping Children after a...

Info in English & Spanish tailored to fit the specific disaster.

<https://www.parentcenterhub.org/disaster-response/>



**Please tell us...**

## At a Glance | Ways You Can Use This Collection

### For Yourself

To **learn more** about the effects of trauma



To **learn** about providing trauma-informed care

### For Families



To find resources to **share with families**

To find resources for families in **different formats**

To support families in a **natural disaster**

### For Your Center

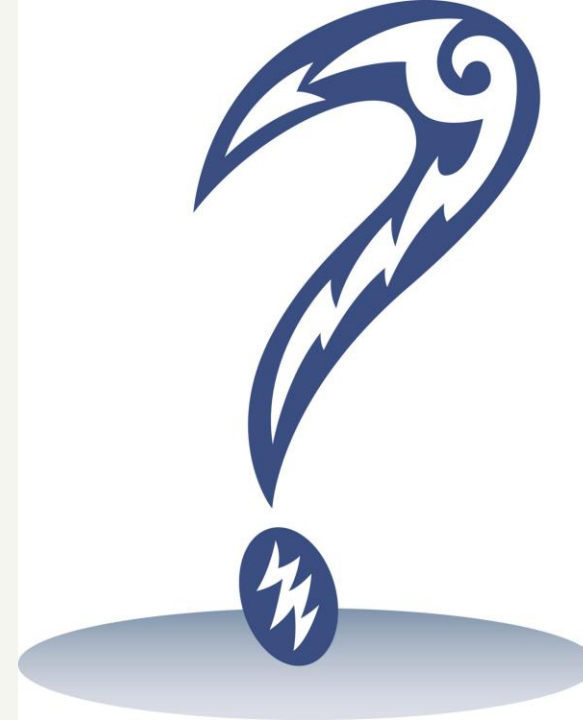
In staff **training**



To **build our capacity** as a trauma-sensitive center

**Questions? Comments?**

## **Resource Collection on Trauma-Informed Care**



# ADVOCACY IN ACTION: A Guide to Local Special Education Parent Advisory Councils

***Presenter***

**Karen Antone**  
*Project Consultant*

